

WACC League Meet - 3/9/2022

Castro Valley HS

Results

Event 1 Girls 4x100 Meter Relay Frosh Soph

Team	Relay	Finals
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Finals

1	Encinal	A	1:06.21
	1) Tramel, Cadence	2) Chan, Angie	
	3) Turner, Marianna	4) Milan-Lau, Monique	

Event 2 Girls 4x100 Meter Relay Varsity

Team	Relay	Finals
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Finals

1	Castro Valley	A	51.33
	1) Hodges, Taylor	2) Sims, Lynee	
	3) Sachs, Naomi	4) Li, Zoie	
2	Mt Eden	A	55.93
	1) Achonwa, Ogechi	2) Henriquez, Hannah	
	3) Henriquez, Benilda	4) Bens, Zoey	
3	Encinal	A	59.85
	1) Brooks, Kavanti	2) Lyons-Mason, Asia	
	3) Wade-Parham, Dylan	4) Roloff, Peyton	

Event 3 Boys 4x100 Meter Relay Frosh Soph

Team	Relay	Finals
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Finals

1	Castro Valley	A	49.94
	1) Chen, James	2) Rogers, James	
	3) Hummer, Dylan	4) Kovacs, Ayden	

Event 4 Boys 4x100 Meter Relay Varsity

Team	Relay	Finals
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Finals

1	Encinal	A	47.08
	1) Hutcherson, Aaron	2) Cole, Kameron	
	3) Rainey, Quinton	4) Oduor, Davis	
2	Bishop O'Dowd	A	48.17
3	Mt Eden	A	49.42
	1) Broxie, Sean	2) Rodrique, Fonyuy	
	3) Sales, Vito	4) Luong, Nicholas	

Event 5 Girls 1600 Meter Run Frosh Soph

Name	School	Finals
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Finals

1	Chen, Alyssa	Castro Valley	6:03.61
2	Murry, Hannah	Castro Valley	6:09.72
3	Leber, Samantha	Castro Valley	6:13.21
4	Taylor, Jillian	Castro Valley	6:14.79
5	Bolles, Braelyn	Castro Valley	6:22.43
6	Avila, Daisy	Castro Valley	6:33.75
7	Kasl-Godley, Sierra	Castro Valley	6:43.18
8	Vilcheck, Karina	Castro Valley	7:19.09
9	Lependorf, Lanikai	Castro Valley	7:21.18

Event 6 Girls 1600 Meter Run Varsity

Name	School	Finals
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Finals

1	Huynh, Cameron	Castro Valley	5:36.53
2	Shafer, Katelyn	Encinal	5:49.06

3	Altura, Alexis	Encinal	5:52.05
4	Whitten, Isabella Grace	Bishop O'Dowd	5:52.36
5	Dughi, Anna	Castro Valley	5:58.16
6	Dughi, Maya	Castro Valley	6:01.36
7	Armeson, Emilia	Encinal	6:03.28
8	Garcia, Hailey	Castro Valley	6:11.59
9	Higgins, Lola	Bishop O'Dowd	6:14.93
10	Killian, Malou	Encinal	6:15.53
11	Seltzer, Sydney	Bishop O'Dowd	6:24.53
12	Trinh, Helen	Mt Eden	7:01.75
13	Tigas, Angelica	Encinal	7:02.47

Event 7 Boys 1600 Meter Run Frosh Soph

Name	School	Finals
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Finals

1	Chang, Lucas	Castro Valley	4:58.81
2	Choy, Joshua	Castro Valley	5:00.25
3	Emerson, Kai	Castro Valley	5:03.87
4	Brixie, Noah	Castro Valley	5:07.45
5	Crichton, Sam (Samuel)	Bishop O'Dowd	5:14.01
6	Malhotra, Samar	Castro Valley	5:17.49
7	Camarena, Mateo	Castro Valley	5:22.48
8	McMurray, Will	Castro Valley	5:22.55
9	Friesen, Levi	Castro Valley	5:26.49
10	Lim, Hudson	Castro Valley	5:27.48
11	Yegian, Matthew	Bishop O'Dowd	5:30.25
12	Grant, Elias	Bishop O'Dowd	5:31.99
13	Mariscal, Cruz	Castro Valley	5:33.82
14	Dever, Owen	Bishop O'Dowd	5:44.58
15	Lee, Andrew	Castro Valley	5:47.11
16	Slater, Miles	Bishop O'Dowd	5:48.44
17	Colby, David	Bishop O'Dowd	5:48.81
18	Tang, Teejay	Castro Valley	5:49.13
19	Kerley, August	Bishop O'Dowd	5:50.38
20	Cunningham, Charlie	Encinal	5:56.60
21	Colby, Carl	Bishop O'Dowd	5:57.75
22	Abell, Elliott	Bishop O'Dowd	6:05.17
23	Velasco, Mario	Bishop O'Dowd	6:12.06
24	Baria, Peter	Castro Valley	6:15.96
25	Tam, Isaac	Castro Valley	6:47.50

Event 8 Boys 1600 Meter Run Varsity

Name	School	Finals
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Finals

1	Bull, Jacob	Castro Valley	4:40.85
2	Phulps, Logan	Castro Valley	4:43.06
3	Fong, Marcus	Bishop O'Dowd	4:43.51
4	Wilson ripsom, Benjamin	Encinal	4:44.95
5	Phillips, Lyle	Bishop O'Dowd	4:46.78
6	Gonzalez, Ethan	Bishop O'Dowd	4:48.43
7	Eilenberg, Ennio	Bishop O'Dowd	4:49.63
8	Griffith, Evan	Castro Valley	4:54.81
9	Boussut-Ugarte, Mateo	Bishop O'Dowd	5:07.80
10	Radnaasuren, Erwin	Encinal	5:09.64
11	Moreno, Vince	Bishop O'Dowd	5:14.21
12	Hudson, Ivan	Bishop O'Dowd	5:17.93

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Results

Finals ... (Event 8 Boys 1600 Meter Run Varsity)

Name	School	Finals
13 Tanenbaum, Zachary	Bishop O'Dowd	5:29.11
14 Lapid, CJ	Mt Eden	5:40.86
15 Solorio, William	Mt Eden	5:41.84
16 Casareno, Sean	Mt Eden	5:50.91
17 Peddada, Abhinav	Bishop O'Dowd	5:54.99
18 McCarthy, Kevin	Bishop O'Dowd	5:56.04

Event 9 Girls 100 Meter Hurdles Frosh Soph

Name	School	Finals
Finals		
1 Nguyen, Jocelyn	Castro Valley	20.79
2 Ayllon, Kiana	Castro Valley	20.84
3 Smith, Hailey	Castro Valley	20.96
4 Cooper, Ashley	Castro Valley	22.57
5 Chilton, Indiana	Castro Valley	23.67
6 Ng, Lani	Castro Valley	24.57
7 Hernandez, Nataani	Castro Valley	24.81

Event 11 Boys 110 Meter Hurdles Frosh Soph

Name	School	Finals
Finals		
1 Liu, Jun Wen	Castro Valley	25.35
2 Wood, Kayhon	Castro Valley	26.27
3 Yeh, Isaiah	Castro Valley	29.23

Event 12 Boys 110 Meter Hurdles Varsity

Name	School	Finals
Finals		
1 Slader, Nolan	Castro Valley	19.84
2 Barnes, Nolon	Castro Valley	21.17

Event 13 Girls 400 Meter Run Frosh Soph

Name	School	Finals
Finals		
1 Estebanez, Ariadna	Castro Valley	1:09.45
2 Harten, Seborra	Castro Valley	1:09.77
3 Harper, Taylor	Bishop O'Dowd	1:14.53
4 Velasco, Katy	Encinal	1:21.42

Event 14 Girls 400 Meter Run Varsity

Name	School	Finals
Finals		
1 Beene, Kamryn	Bishop O'Dowd	1:03.58
2 Chuckwu, Simidi	Bishop O'Dowd	1:03.85
3 Rasmussen, Delaney	Castro Valley	1:03.89
4 Henriquez, Benilda	Mt Eden	1:05.32
5 Li, Zoie	Castro Valley	1:07.77
6 Curpene, Stephanie	Castro Valley	1:08.66
7 Hodges, Taylor	Castro Valley	1:08.87
8 Wakabayashi, Dawn	Castro Valley	1:09.41
9 Kwamilele, Khailey	Bishop O'Dowd	1:09.55
10 Davis, Jordan	Bishop O'Dowd	1:10.12
11 Bauerlein, Tonia	Bishop O'Dowd	1:11.04
12 Zunino, Chiara	Bishop O'Dowd	1:28.90

Event 15 Boys 400 Meter Run Frosh Soph

Name	School	Finals
Finals		
1 Mitsuyoshi, Andrew	Castro Valley	59.64
2 Phulps, Wesley	Castro Valley	1:00.68
3 Logwood, Kenneth	Bishop O'Dowd	1:02.04
4 Vonderheide, Dimitri	Bishop O'Dowd	1:02.51
5 Scarlett II, Juan	Bishop O'Dowd	1:04.89
6 Rodgers, Finn	Encinal	1:06.62
7 Garcia, Hector	Castro Valley	1:07.83
8 Rocha, Miles	Bishop O'Dowd	1:15.43

Event 16 Boys 400 Meter Run Varsity

Name	School	Finals
Finals		
1 Ajose, Ayodeji	Bishop O'Dowd	51.88
2 Bousut-Ugarte, Mateo	Bishop O'Dowd	54.34
3 Moreno, Vince	Bishop O'Dowd	55.14
4 Cerna, Diego	Encinal	55.25
5 Kleczek, Alex	Castro Valley	55.76
6 Avery, Conrad	Castro Valley	55.95
7 Hutcherson, Aaron	Encinal	56.48
8 Muchiri, Ian	Encinal	57.15
9 O'Donnell, Ryan	Bishop O'Dowd	57.96
10 Colbert, Christian	Bishop O'Dowd	57.97
11 Canet, Shane	Bishop O'Dowd	59.98
12 Bell, Andrew	Bishop O'Dowd	1:01.15
13 McCarthy, Kevin	Bishop O'Dowd	1:02.79
14 Hudson, Ivan	Bishop O'Dowd	1:03.23
15 Rodrique, Fonyuy	Mt Eden	1:03.25
16 Wyche, Lawrence	Mt Eden	1:03.54
17 Setchko, Quinn	Encinal	1:04.05
18 Luong, Nicholas	Mt Eden	1:05.42
19 Connick, Andrew	Encinal	1:08.56
20 Campos, Kevin	Mt Eden	1:09.92

Event 17 Girls 100 Meter Run Frosh Soph

Name	School	Finals
Finals		
1 Sawyer, Savannah	Castro Valley	14.39
2 Sims, Scarlett	Castro Valley	15.27
3 Hicks, Sparkle	Castro Valley	15.33
4 Tramel, Cadence	Encinal	15.71
5 Milan-Lau, Monique	Encinal	16.21
6 Choy, Abigaile	Castro Valley	16.40
7 Cooper, Ashley	Castro Valley	16.44
8 Turner, Marianna	Encinal	16.50
9 Chan, Angie	Encinal	16.52
10 Le, Kathy	Encinal	16.88

Event 18 Girls 100 Meter Run Varsity

Name	School	Finals
Finals		
1 Sims, Lynee	Castro Valley	13.18
2 Bens, Zoey	Mt Eden	14.71

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Results

Finals ... (Event 18 Girls 100 Meter Run Varsity)

Name	School	Finals
3 Cooks, Jamilla	Bishop O'Dowd	14.94
4 Roloff, Peyton	Encinal	15.00
5 Rufferman, Adina	Castro Valley	15.10
6 Wade-Parham, Dylan	Encinal	16.26
7 Smith, Jordan	Encinal	16.73
8 Burns, JasMarie	Encinal	17.54

Event 19 Boys 100 Meter Run Frosh Soph

Name	School	Finals
Finals		
1 Marston, Alexander	Encinal	12.56
2 Rogers, James	Castro Valley	12.62
3 Kovacs, Ayden	Castro Valley	12.82
4 Hummer, Dylan	Castro Valley	12.86
5 Chen, James	Castro Valley	12.88
6 Snell, Charles	Encinal	13.04
7 AbeCerzo, Aiden	Castro Valley	13.21
8 Pennetta, Gianni	Bishop O'Dowd	13.29
9 Schwartz, Leo	Bishop O'Dowd	13.64
10 Leung, Aaron	Encinal	13.65
11 Darmstadt, Jake	Encinal	13.68
12 Anglim, Glenn	Encinal	14.03
13 Sow, Saliou	Bishop O'Dowd	14.33
14 Gamulo, Jordan	Encinal	14.41
15 Salaam, Deji	Encinal	14.87
16 Green, Lennon	Castro Valley	14.90
17 Laguna, Logan	Encinal	15.10
18 Baldrige III, Dexter	Bishop O'Dowd	15.90
19 Klein, John	Bishop O'Dowd	16.65

Event 20 Boys 100 Meter Run Varsity

Name	School	Finals
Finals		
1 White, Mathew	Bishop O'Dowd	11.65
2 Harte, Levi	Encinal	12.19
3 Nosseir, Ali	Castro Valley	12.23
4 Cristleban, Tristian	Castro Valley	12.48
5 Cole, Kameron	Encinal	12.51
6 Sales, Vito	Mt Eden	12.76
7 Broxie, Sean	Mt Eden	13.05
8 Lewis, Lonnie	Encinal	13.11
9 Wilson, Julian	Bishop O'Dowd	13.20
10 Hussain, Adam	Castro Valley	13.27
11 Ozuna, Diego	Encinal	13.31
12 Howey, Kenji	Encinal	13.32
13 Valezuela, Anthony	Encinal	13.45
14 Hoang, Timothy	Castro Valley	13.47
15 Bounds, Brian	Encinal	14.08
16 Bernal, Christian	Encinal	14.85

Event 21 Girls 800 Meter Run Frosh Soph

Name	School	Finals
Finals		
1 Veliz, Frida	Castro Valley	2:43.73

2 Murry, Hannah	Castro Valley	2:46.67
3 Chen, Alyssa	Castro Valley	2:46.70
4 Avila, Daisy	Castro Valley	3:00.45
5 Kasl-Godley, Sierra	Castro Valley	3:08.47
6 Lependorf, Lanikai	Castro Valley	3:20.94

Event 22 Girls 800 Meter Run Varsity

Name	School	Finals
Finals		
1 Rasmussen, Delaney	Castro Valley	2:35.39
2 Shafer, Katelyn	Encinal	2:39.60
3 Whitten, Isabella Grace	Bishop O'Dowd	2:43.13
4 Wakabayashi, Dawn	Castro Valley	2:45.59
5 Altura, Alexis	Encinal	2:48.35
6 Arneson, Emilia	Encinal	2:48.71
7 Frautnik, Mia	Castro Valley	2:50.19
8 Higgins, Lola	Bishop O'Dowd	2:51.68
9 Killian, Malou	Encinal	2:52.78
10 Seltzer, Sydney	Bishop O'Dowd	2:52.97
11 Young-Perez, Cocoa	Bishop O'Dowd	2:53.02
12 Camacho, Sierra	Bishop O'Dowd	2:53.20
13 Trinh, Helen	Mt Eden	3:09.96
14 Tigas, Angelica	Encinal	3:13.22

Event 23 Boys 800 Meter Run Frosh Soph

Name	School	Finals
Finals		
1 Chang, Lucas	Castro Valley	2:20.52
2 Emerson, Kai	Castro Valley	2:21.35
3 Choy, Joshua	Castro Valley	2:21.80
4 Brixie, Noah	Castro Valley	2:26.50
5 Lim, Hudson	Castro Valley	2:27.54
6 Vonderheide, Dimitri	Bishop O'Dowd	2:29.34
7 Crichton, Sam (Samuel)	Bishop O'Dowd	2:29.35
8 McMurray, Will	Castro Valley	2:31.85
9 Yegian, Matthew	Bishop O'Dowd	2:32.86
10 Grant, Elias	Bishop O'Dowd	2:33.11
11 Mariscal, Cruz	Castro Valley	2:33.28
12 Dever, Owen	Bishop O'Dowd	2:39.26
13 Colby, David	Bishop O'Dowd	2:39.36
14 Tang, Teejay	Castro Valley	2:40.46
15 Kerley, August	Bishop O'Dowd	2:42.72
16 Slater, Miles	Bishop O'Dowd	2:46.32
17 Velasco, Mario	Bishop O'Dowd	2:46.96
18 Cunningham, Charlie	Encinal	2:48.51
19 Abell, Elliott	Bishop O'Dowd	2:49.22
20 Colby, Carl	Bishop O'Dowd	2:50.07
21 Rocha, Miles	Bishop O'Dowd	3:06.34

Event 24 Boys 800 Meter Run Varsity

Name	School	Finals
Finals		
1 Bull, Jacob	Castro Valley	2:04.35
2 Fong, Marcus	Bishop O'Dowd	2:09.88
3 Rodriguez, Hannes	Bishop O'Dowd	2:09.93
4 Phulps, Logan	Castro Valley	2:10.88

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Finals ... (Event 24 Boys 800 Meter Run Varsity)

Name	School	Finals
5 Rocha, Aidan	Bishop O'Dowd	2:14.13
6 Wilson ripsom, Benjamin	Encinal	2:14.16
7 Cerna, Diego	Encinal	2:17.47
8 Eilenberg, Ennio	Bishop O'Dowd	2:18.44
9 Radnaasuren, Erwin	Encinal	2:18.55
10 O'Donnell, Ryan	Bishop O'Dowd	2:21.43
11 Muchiri, Ian	Encinal	2:21.75
12 Solorio, William	Mt Eden	2:28.18
13 Bell, Andrew	Bishop O'Dowd	2:36.75
14 Lapid, CJ	Mt Eden	2:39.57
15 Casareno, Sean	Mt Eden	2:39.69
16 Peddada, Abhinav	Bishop O'Dowd	2:41.09

Event 25 Girls 300 Meter Hurdles Frosh Soph

Name	School	Finals
1 Nguyen, Jocelyn	Castro Valley	55.23
2 Ayllon, Kiana	Castro Valley	55.28
3 Smith, Hailey	Castro Valley	58.02
4 Estebanez, Ariadna	Castro Valley	58.17
5 Chilton, Indiana	Castro Valley	1:02.01
6 Ng, Lani	Castro Valley	1:04.07
7 Cooper, Ashley	Castro Valley	1:04.17

Event 26 Girls 300 Meter Hurdles Varsity

Name	School	Finals
1 Hodges, Taylor	Castro Valley	53.18

Event 27 Boys 300 Meter Hurdles Frosh Soph

Name	School	Finals
1 Rodgers, Finn	Encinal	52.46
2 Friesen, Levi	Castro Valley	55.56
3 Zheng, Aiden	Castro Valley	56.29
4 Liu, Jun Wen	Castro Valley	56.55
5 Wood, Kayhon	Castro Valley	58.63
6 Green, Lennon	Castro Valley	59.52

Event 28 Boys 300 Meter Hurdles Varsity

Name	School	Finals
1 Slader, Nolan	Castro Valley	47.03
2 Letson, Aiden	Encinal	47.17
3 Barnes, Nolon	Castro Valley	49.82
4 Setchko, Quinn	Encinal	53.73

Event 29 Girls 200 Meter Run Frosh Soph

Name	School	Finals
1 Sawyer, Savannah	Castro Valley	30.02
2 Harten, Sebor	Castro Valley	31.21
3 Hicks, Sparkle	Castro Valley	31.82
4 Veliz, Frida	Castro Valley	32.13
5 Tramel, Cadence	Encinal	32.31

6 Choy, Abigaile	Castro Valley	33.82
7 Hernandez, Nataani	Castro Valley	34.04
8 Chan, Angie	Encinal	34.14
9 Milan-Lau, Monique	Encinal	34.86
10 Turner, Marianna	Encinal	35.18
11 Velasco, Katy	Encinal	35.28
12 Le, Kathy	Encinal	35.92

Event 30 Girls 200 Meter Run Varsity

Name	School	Finals
1 Schneider, Maika	Bishop O'Dowd	28.07
2 Beene, Kamryn	Bishop O'Dowd	28.63
3 Chuckwu, Simidi	Bishop O'Dowd	28.86
4 Kwamilele, Khailey	Bishop O'Dowd	28.88
5 Henriquez, Benilda	Mt Eden	28.95
6 Bauerlein, Tonia	Bishop O'Dowd	30.00
7 Davis, Jordan	Bishop O'Dowd	30.03
8 Rufferman, Adina	Castro Valley	30.11
9 Bens, Zoey	Mt Eden	30.27
10 Lyons-Mason, Asia	Encinal	30.28
11 Cooks, Jamilla	Bishop O'Dowd	30.62
12 Roloff, Peyton	Encinal	30.64
13 Brooks, Kavanti	Encinal	31.31
14 Ortiz, Jennifer	Castro Valley	31.41
15 Wade-Parham, Dylan	Encinal	34.49
16 Smith, Jordan	Encinal	35.51
17 Zunino, Chiara	Bishop O'Dowd	36.69

Event 31 Boys 200 Meter Run Frosh Soph

Name	School	Finals
1 Marston, Alexander	Encinal	25.86
2 Snell, Charles	Encinal	26.54
3 Kovacs, Ayden	Castro Valley	26.77
4 Rogers, James	Castro Valley	26.88
5 Mitsuyoshi, Andrew	Castro Valley	26.94
6 Hummer, Dylan	Castro Valley	26.95
7 Chen, James	Castro Valley	27.13
8 Scarlett II, Juan	Bishop O'Dowd	27.31
9 AbeCerzo, Aiden	Castro Valley	27.54
10 Anderson, Kyle	Bishop O'Dowd	27.68
11 Logwood, Kenneth	Bishop O'Dowd	28.13
12 Leung, Aaron	Encinal	28.36
13 Phulps, Wesley	Castro Valley	28.40
14 Darmstadt, Jake	Encinal	28.82
15 Schwartz, Leo	Bishop O'Dowd	28.91
16 Salaam, Deji	Encinal	29.37
17 Vonderheide, Dimitri	Bishop O'Dowd	29.39
18 Anglim, Glenn	Encinal	30.06
19 Sow, Saliou	Bishop O'Dowd	30.55
20 Laguna, Logan	Encinal	32.54
21 Baldrige III, Dexter	Bishop O'Dowd	34.27
22 Klein, John	Bishop O'Dowd	34.79

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Event 32 Boys 200 Meter Run Varsity

Name	School	Finals
Finals		
1 Ajose, Ayodeji	Bishop O'Dowd	22.86
2 Nosseir, Ali	Castro Valley	24.62
3 Rainey, Quinton	Encinal	24.66
4 Jones, Bernard	Bishop O'Dowd	25.03
5 Jones, Cameron	Bishop O'Dowd	25.13
6 Oduor, Davis	Encinal	25.31
7 Kleczek, Alex	Castro Valley	25.46
8 Rush, Brandon	Bishop O'Dowd	25.58
9 Sales, Vito	Mt Eden	25.65
10 Rodriguez, Hannes	Bishop O'Dowd	25.66
11 Avery, Conrad	Castro Valley	25.79
12 Rocha, Aidan	Bishop O'Dowd	26.16
13 Cristleban, Tristian	Castro Valley	26.29
14 Hazer, Jackson	Bishop O'Dowd	26.46
15 Valezuela, Anthony	Encinal	26.60
16 Ozuna, Diego	Encinal	26.79
17 Lewis, Lonnie	Encinal	26.80
18 Howey, Kenji	Encinal	26.84
19 Wilson, Julian	Bishop O'Dowd	27.00
20 Anglim, Glenn	Encinal	27.15
21 Rodrique, Fonyuy	Mt Eden	27.29
22 Hussain, Adam	Castro Valley	27.78
23 Knopp, Jacob	Bishop O'Dowd	28.22
24 Wyche, Lawrence	Mt Eden	28.74
25 Luong, Nicholas	Mt Eden	29.16
26 Bounds, Brian	Encinal	29.21
27 Bernal, Christian	Encinal	30.37
28 Campos, Kevin	Mt Eden	31.11
--- Broxie, Sean	Mt Eden	DNF

Event 33 Girls 3200 Meter Run Frosh Soph

Name	School	Finals
Finals		
1 Taylor, Jillian	Castro Valley	13:52.07

Event 35 Boys 3200 Meter Run Frosh Soph

Name	School	Finals
Finals		
1 Choy, Joshua	Castro Valley	11:40.51
2 Camarena, Mateo	Castro Valley	11:56.41
3 Malhotra, Samar	Castro Valley	12:26.24
4 Lee, Andrew	Castro Valley	12:35.03

Event 36 Boys 3200 Meter Run Varsity

Name	School	Finals
Finals		
1 Phillips, Lyle	Bishop O'Dowd	10:15.51
2 Phulps, Logan	Castro Valley	10:27.37
3 Gonzalez, Ethan	Bishop O'Dowd	10:54.63
4 Griffith, Evan	Castro Valley	11:31.55
5 Tanenbaum, Zachary	Bishop O'Dowd	12:04.23
6 Lapid, CJ	Mt Eden	13:21.99

7 Solorio, William Mt Eden 13:36.51

Event 37 Girls 4x400 Meter Relay Frosh Soph

Team	Relay	Finals
Finals		
1 Castro Valley	A	4:47.89
1) Ayllon, Kiana	2) Estebanez, Ariadna	
3) Veliz, Frida	4) Murry, Hannah	

Event 38 Girls 4x400 Meter Relay Varsity

Team	Relay	Finals
Finals		
1 Castro Valley	A	4:33.72
1) Wakabayashi, Dawn	2) Hodges, Taylor	
3) Li, Zoie	4) Rasmussen, Delaney	
2 Bishop O'Dowd	A	4:33.77
1) Young-Perez, Cocoa	2) Kwamilele, Khailey	
3) Beene, Kamryn	4) Bauerlein, Tonia	
3 Bishop O'Dowd	C	5:03.14
1) Higgins, Lola	2) Wright, Julia	
3) Whitten, Isabella Grace	4) Seltzer, Sydney	
4 Bishop O'Dowd	B	5:09.88
1) Chuckwu, Simidi	2) Harper, Taylor	
3) Senn, Katie	4) Davis, Jordan	

Event 39 Boys 4x400 Meter Relay Frosh Soph

Team	Relay	Finals
Finals		
1 Castro Valley	A	4:27.41
1) Garcia, Hector	2) Zheng, Aiden	
3) Yeh, Isaiah	4) Phulps, Wesley	
2 Bishop O'Dowd	B	4:28.25
1) Fenrick, Gavin	2) Hudson, Ivan	
3) Logwood, Kenneth	4) Sow, Saliou	

Event 40 Boys 4x400 Meter Relay Varsity

Team	Relay	Finals
Finals		
1 Encinal	A	3:42.91
1) Oduor, Davis	2) Cerna, Diego	
3) Cole, Kameron	4) Letson, Aiden	
2 Bishop O'Dowd	A	3:48.18
1) Fong, Marcus	2) O'Donnell, Ryan	
3) Rodriguez, Hannes	4) Rocha, Aidan	
3 Castro Valley	A	3:51.79
1) Slader, Nolan	2) Barnes, Nolon	
3) Bull, Jacob	4) Avery, Conrad	
4 Encinal	B	3:53.79
1) Radnaasuren, Erwin	2) Hutcherson, Aaron	
3) Rainey, Quinton	4) Wilson ripsom, Benjamin	
5 Bishop O'Dowd	B	3:58.83
1) Ajose, Ayodeji	2) Boussut-Ugarte, Mateo	
3) Colbert, Christian	4) Canet, Shane	
6 Bishop O'Dowd	D	4:01.42
1) McCarthy, Kevin	2) Rush, Brandon	
3) Hazer, Jackson	4) Moreno, Vince	

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Event 41 Girls Long Jump Frosh Soph

Name	School	Finals
Finals		
1 Tramel, Cadence	Encinal	12-05.75
2 Estebanez, Ariadna	Castro Valley	12-05.25
3 Ng, Lani	Castro Valley	11-10.50
4 Hicks, Sparkle	Castro Valley	11-06.50
5 Hernandez, Nataani	Castro Valley	10-02.75

Event 42 Boys Long Jump Frosh Soph

Name	School	Finals
Finals		
1 Kovacs, Ayden	Castro Valley	15-07.00
2 Zheng, Aiden	Castro Valley	14-11.25
3 AbeCerzo, Aiden	Castro Valley	14-10.50
4 Liu, Jun Wen	Castro Valley	14-05.00
5 Rogers, James	Castro Valley	14-03.25
6 Wood, Kayhon	Castro Valley	13-10.75
7 Hinshaw, Adam	Castro Valley	13-09.75
8 Gamulo, Jorden	Encinal	13-00.00
9 Anglim, Glenn	Encinal	12-08.50
10 Yeh, Isaiah	Castro Valley	12-07.50

Event 43 Girls Long Jump Varsity

Name	School	Finals
Finals		
1 Sachs, Naomi	Castro Valley	16-05.00
1 Sims, Lynee	Castro Valley	16-05.00
3 Schneider, Maika	Bishop O'Dowd	15-03.75
4 Lyons-Mason, Asia	Encinal	15-00.50
5 Rufferman, Adina	Castro Valley	14-05.00
6 Li, Zoie	Castro Valley	14-03.25
7 Gilman-Chun, Alyssa	Castro Valley	14-02.50
8 Wakabayashi, Dawn	Castro Valley	13-00.00
9 Cooks, Jamilla	Bishop O'Dowd	11-04.50

Event 44 Boys Long Jump Varsity

Name	School	Finals
Finals		
1 Harte, Levi	Encinal	20-10.25
2 Rainey, Quinton	Encinal	19-05.50
3 Nosseir, Ali	Castro Valley	19-01.75
4 Jones, Bernard	Bishop O'Dowd	18-09.75
5 Kleczek, Alex	Castro Valley	17-02.00
6 Watson, Zackary	Castro Valley	17-00.50
6 Knopp, Jacob	Bishop O'Dowd	17-00.50
8 Letson, Aiden	Encinal	16-07.25
9 Oduor, Davis	Encinal	16-02.00
9 Jones, Cameron	Bishop O'Dowd	16-02.00
11 Setchko, Quinn	Encinal	16-01.50
12 Hazer, Jackson	Bishop O'Dowd	15-07.00
13 Canet, Shane	Bishop O'Dowd	15-00.25
14 Luong, Nicholas	Mt Eden	13-08.25
15 Campos, Kevin	Mt Eden	12-01.00
16 Belardo, Kingston	Mt Eden	11-07.50

---	Rush, Brandon	Bishop O'Dowd	FOUL
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Event 46 Boys Triple Jump Frosh Soph

Name	School	Finals
Finals		
1 Hummer, Dylan	Castro Valley	32-07.00
2 Chen, James	Castro Valley	29-11.50

Event 47 Girls Triple Jump Varsity

Name	School	Finals	
Finals			
1 Sachs, Naomi	Castro Valley	33-10.50	
2 Schneider, Maika	Bishop O'Dowd	32-11.00	
3 Rufferman, Adina	Castro Valley	28-10.75	
4 Gilman-Chun, Alyssa	Castro Valley	27-09.50	
---	Cooks, Jamilla	Bishop O'Dowd	FOUL

Event 48 Boys Triple Jump Varsity

Name	School	Finals
Finals		
1 Nosseir, Ali	Castro Valley	37-10.00
2 Rush, Brandon	Bishop O'Dowd	37-02.50
3 Jones, Cameron	Bishop O'Dowd	34-08.00
4 Hazer, Jackson	Bishop O'Dowd	34-06.50
5 Knopp, Jacob	Bishop O'Dowd	31-10.50

Event 50 Boys Shot Put Frosh Soph

Name	School	Finals
Finals		
1 Schlatter, John	Castro Valley	26-06.00
2 Rogge, Benjamin	Castro Valley	24-04.00
3 August, Giovanni	Castro Valley	23-10.00
4 Garcia, Hector	Castro Valley	21-09.00
5 Benjamin, Milo	Encinal	19-02.00

Event 51 Girls Shot Put Varsity

Name	School	Finals
Finals		
1 Henriquez, Hannah	Mt Eden	26-00.00
2 Curpene, Stephanie	Castro Valley	23-02.00
3 Gilman-Chun, Alyssa	Castro Valley	22-04.00
4 Martin, Lilith	Encinal	19-00.00
5 Ortiz, Jennifer	Castro Valley	17-06.00
6 Madsen, Stella	Encinal	16-06.00

Event 52 Boys Shot Put Varsity

Name	School	Finals
Finals		
1 #1 Connolly, Cahal	Bishop O'Dowd	36-11.00
2 Hall, Jeremy	Encinal	33-06.00
3 William, Donye	Encinal	31-09.00
4 Chung, Eden	Encinal	29-09.00
5 Colmenares, Serjio	Castro Valley	28-04.00
6 McCombs, Jaylin	Castro Valley	27-08.00
7 Arias, Andrew	Castro Valley	21-10.00

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Event 54 Boys Discus Throw Frosh Soph

Name	School	Finals
Finals		
1 Schlatter, John	Castro Valley	65-02
2 August, Giovanni	Castro Valley	56-06
3 Rogge, Benjamin	Castro Valley	49-09
4 Garcia, Hector	Castro Valley	45-00
5 Benjamin, Milo	Encinal	24-06

Event 55 Girls Discus Throw Varsity

Name	School	Finals
Finals		
1 Henriquez, Hannah	Mt Eden	69-06
2 Gilman-Chun, Alyssa	Castro Valley	67-01.50
3 Curpene, Stephanie	Castro Valley	56-10
4 Martin, Lilith	Encinal	43-00
5 Madsen, Stella	Encinal	42-07
6 Ortiz, Jennifer	Castro Valley	41-09.50

Event 56 Boys Discus Throw Varsity

Name	School	Finals
Finals		
1 #1 Connolly, Cahal	Bishop O'Dowd	99-03
2 Hall, Jeremy	Encinal	91-09
3 Chung, Eden	Encinal	81-10
4 William, Donye	Encinal	75-00.50
5 Colmenares, Serjio	Castro Valley	75-00
6 McCombs, Jaylin	Castro Valley	71-05
7 Arias, Andrew	Castro Valley	59-00.50

Event 57 Girls High Jump Frosh Soph

Name	School	Finals
Finals		
1 Sims, Scarlett	Castro Valley	4-06.00
2 Ng, Lani	Castro Valley	3-08.00
3 Murphy, Abigail	Castro Valley	J3-08.00
4 Hernandez, Nataani	Castro Valley	3-06.00
4 Chan, Sophia	Castro Valley	3-06.00
--- Le, Kathy	Encinal	NH
--- Janaway, Sarah	Castro Valley	NH
--- Wong, Charlene	Castro Valley	NH
--- Choy, Abigaile	Castro Valley	NH

Event 58 Boys High Jump Frosh Soph

Name	School	Finals
Finals		
1 Salaam, Deji	Encinal	4-08.00
2 Wood, Kayhon	Castro Valley	4-06.00
2 Snell, Charles	Encinal	4-06.00
--- Liu, Jun Wen	Castro Valley	NH
--- Yeh, Isaiah	Castro Valley	NH
--- Zhang, Jun Wei	Castro Valley	NH

Event 59 Girls High Jump Varsity

Name	School	Finals
Finals		
1 Sachs, Naomi	Castro Valley	5-04.00

Event 60 Boys High Jump Varsity

Name	School	Finals
Finals		
1 Letson, Aiden	Encinal	5-04.00
2 Lewis, Lonnie	Encinal	J5-04.00
3 Watson, Zackary	Castro Valley	5-00.00
4 Arias, Andrew	Castro Valley	4-06.00
--- Chung, Eden	Encinal	NH
--- Wyche, Lawrence	Mt Eden	NH