

# **Hercules High School All-Comers**

1900 Refugio Valley Road, Hercules

**Saturday, January 13, 2018**

**10:00am**

**Gates open at 8:30am**

**Participant/Spectator Fee: \$5**

High School, Youth, and Open athletes are ALL welcome!

Events will be run girls first and then boys.

Heats will be run in open lanes and results will not be divided by age division.

The Long Jump and Shot Put will be open pits closing at 1pm.

## **Schedule of Events**

3000m

60m

300m

60m Hurdles

150m

1500m

4x200m

Long Jump

Shot Put

Discus

Contact: Coach James Moore

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